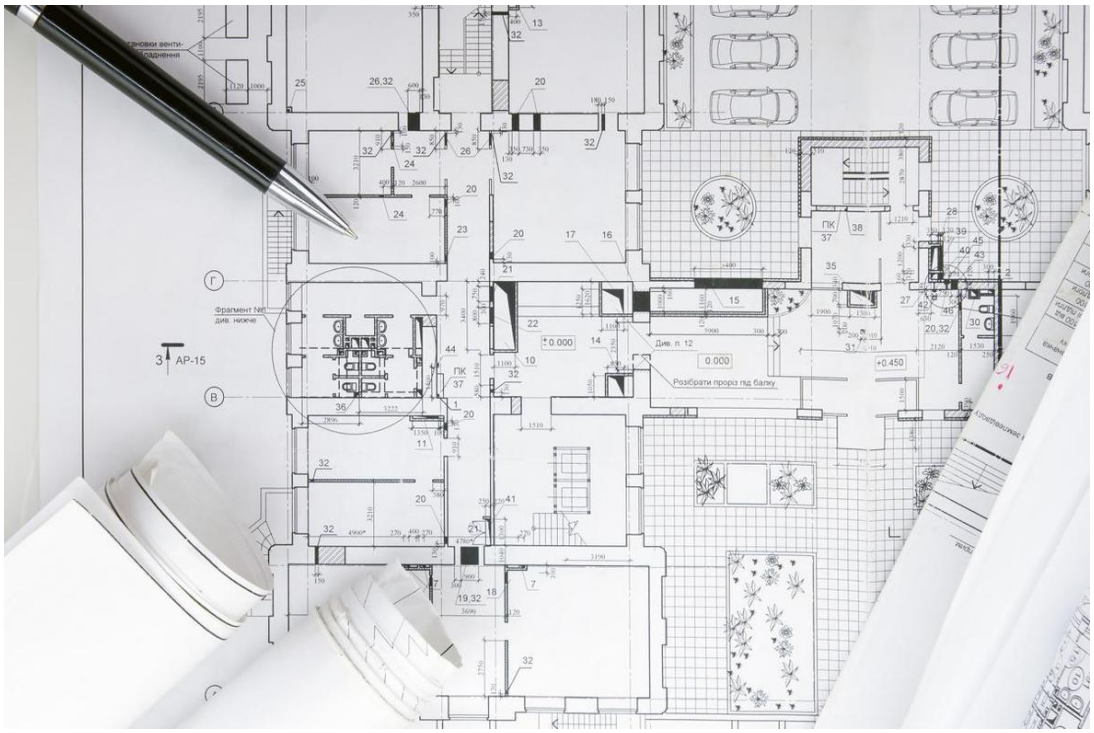
What Design Factors Are Most Architects Not Thinking About When Designing



AN ARCHITECTS DESIGN PHILOSOPHY:

Most Architect use this in their design philosophy:

We believe in "enhancing the lives of the users by the power of good design". For this we involve and 'listen' to our clients - their requirements, aspirations, the budget constraints and their time schedule.
The invaluable practical experience gained by us over the years, helps us to create comfortable sized, proportionate and adaptable spaces, thus ensuring their long term use even when the ways of living and working change.

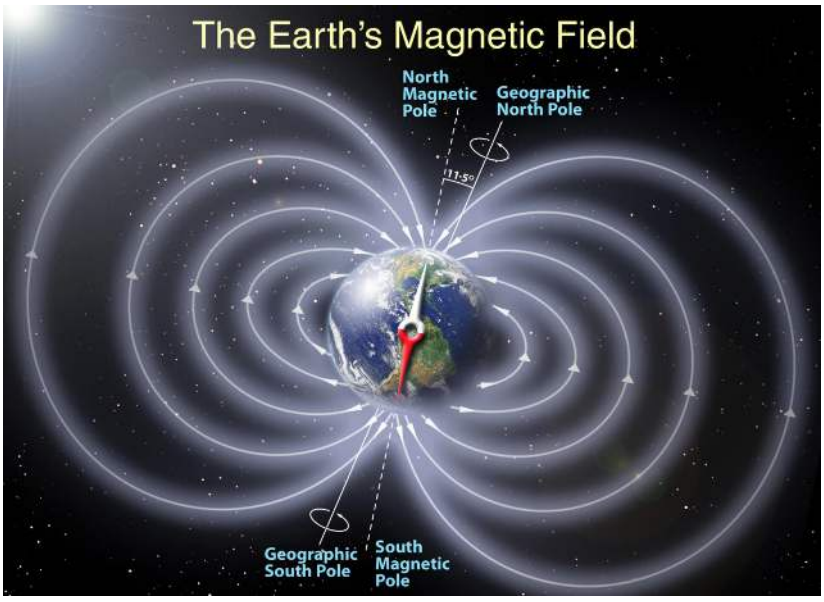
Many architects can add this to their design philosophy:

We design buildings which are in harmony with the natural surroundings and yet, are innovative, practical and assert themselves, adding real value to the owners.

Few architects have incorporated all design factors that would allow them to add this to their design philosophy:

Our architecture is 'energy efficient' and 'green' to a large extent because we give importance to climatology. The right positioning of the building on the site and the placement of rooms, with respect to the directions and the natural surroundings, ensure maximum natural lighting and good cross-ventilation which then makes the built space healthy, comfortable, vastu-compliant, efficient and a pleasure to live in.

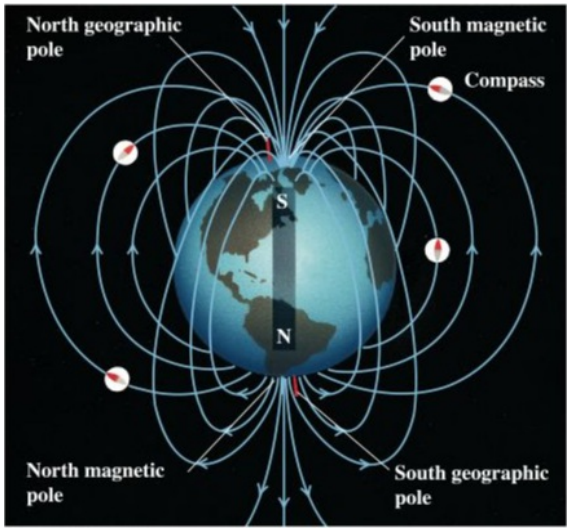
Which Commonly Missed Design Factors make Buildings Healthy, Comfortable, Vastu-compliant, Efficient and a Pleasure to live in?



It is safe to say that most if not all architects design by taking advantage of our natural resources like the sun, cardinal directions, elements of nature, wind, the topography of the site, the surrounding roads, trees, water sources, nearby structures etc.
However, there are two additional scientific factors that Vaastu architecture takes into account that greatly effect humans.

• Scientific Factor | Earth’s Magnetic Field
• Scientific Factor | Earth’s Energy Field

For this article we will focus on the first factor: Earth's Magnetic Field and its reasons.



Scientific Factor | Earth's Magnetic Field | An Architect Explains

The Earth’s magnetic field is similar to that of a bar magnet with one pole near the geographic North pole and the other near the geographic South pole. The Earth’s magnetic field is mostly caused by convection of molten iron within the outer liquid core, along with a Coriolis effect caused by the overall planetary rotation, which organizes these “electric currents” in rolls aligned along the North-South polar axis.

Why is this important to a buildings design?

The human body has a natural magnetic field similar to a bar magnet with our head as the north pole and our feet as the south pole. Therefore, if the head is directed towards the Earth’s North Pole, the two North Poles will repel each other and cause tension. A body always in tension or stress will start to breakdown creating mental and physical problems.

Worth noting, it has been proven scientifically that geomagnetic storms have a negative effect on humans, but on the positive side, it has been observed that the stronger magnetic North pole (Earth’s geographic South) has a positive effect on the body while the magnetic South pole (Earth’s geographic North)

has a negative effect. The reason and effect has been related to a shower. The shower head is symbolic of the magnetic North pole's energy. It is fresh, clean and powerful in its delivery whereas the magnetic South pole is similar to the drain. The grungy, spent water flows more slowly down a bigger opening.

FUN FACT

Three design elements that should be looked at when considering the Earth's Magnetic Field

Designing Bedrooms (Placement of the bed)

One should never sleep with the head in the North. The Human body's energy field works just like a magnet in which our head is the North Pole and the feet is the South Pole. Therefore, if the head is directed towards the Earth's North Pole, the two North Poles will repel each other and cause tension, disturbed sleep and can create other related health problems. So, the rule is that one should always keep the head away from the North while sleeping or sitting for long periods. The Scientific Explanation – Since the Earth's magnetic North pole (situated near the geographic South) is stronger and has a positive effect on humans, especially on their brains, one should always try to sleep or sit with the head in the South. Also, because the magnetic South pole (located near the Earth's geographic North) has a negative effect, we must avoid sleeping with our heads in the North.

Designing for Family rooms and Dining tables

When sitting at the dining table or in the family room, one should sit facing East, North or West but avoid sitting facing South: The Scientific Reasoning – When you sit facing South, your head is effectively in the North and your feet in the South. So, this causes the negative effect described above.

Designing for Home Offices

In the office avoid computers facing North because the user has to face South

which is not advisable. The Scientific Reason – When a user sits facing South, his feet are towards the South and his head is in the North. This can cause restlessness and other negative effects explained above.

Gary Fuller, owner of ONE Residential

Has embraced his personal journey in spirituality and physical well-being over the last 10 years. For the last 2 years, he has incorporated these scientific factors into his projects. His personal studies in Vastu Shastra and other styles, have reinforced the enormous impact energy and the principles of design has on those living and working in such buildings. Gary welcomes new projects and also those that incorporate the science of architecture, principles of spirituality and well-being.

Phone: 303-229-4130
Website: www.OneResidentialBuilders.com
Email: Gary@OneCommunityWorldwide.com

©2020 ONE. Residential | Centennial Colorado

Web Version Preferences Forward Unsubscribe

Powered by Mad Mimi®
A GoDaddy® company